



REVIEWS

BOOKS

Reviewed by Ruth Parnell

PHYSICIAN: Medicine and the Unsuspected Battle for Health Freedom

by Richard Leviton

Publisher: Hampton Roads, USA, 2000
ISBN: 1-57174-168-2 (579pp tpb)
Price: A\$41.00; NZ\$52.95; £12.99;
NLGfn/a; US\$16.95

Available: **Australia**—Gemcraft, tel (03) 9888 0111; **NZ**—NEXUS Office, tel (09) 405 1963; **UK**—Airlift Book Co., tel 020 8804 0400; **Europe**—NEXUS office, tel +31 321 380558; **USA**—Hampton Roads, tel (804) 296 2772, www.hrpub.com

Since classical Greek times there has been a struggle between two approaches to practising medicine—the allopathic and the empiric, or alternative—and the struggle is reaching a climax today, particularly in the US, says Richard Leviton in *Physician*.

In this powerful thesis, he restakes the territory where modern medicine must tread in the 21st century. He restates the profound metaphysical principles that are at the basis of human freedom, and contrasts them with facts about the politics and policies of the modern medical system.

His key argument is that orthodox medicine generally operates in a way that is contrary to spiritual unfoldment and, as it stands now, is "a prime obstacle to healthy human soul life". He sees the main political issue as being the suppression of true freedom of choice in the medical marketplace, where both allopathic and alternative practices can operate—and be chosen—on an equal basis.

Leviton, an author and journalist, is a

former editor of *Alternative Medicine* magazine. Here he explores the link between human health and ecology...consciousness... and how each form of medicine deals with or ignores this fundamental relationship. Drawing at times on the anthroposophy of Rudolf Steiner, he probes the spiritual layers of illness and posits that supervaccines may be the ultimate soul-destroyers that Steiner foresaw. What Leviton is saying is that our mindsets need to undergo a major paradigm shift—one that the orthodoxy is not yet ready to confront...but sooner or later must.

DOGS THAT KNOW WHEN THEIR OWNERS ARE COMING HOME...And Other Unexplained Powers of Animals by Rupert Sheldrake

Publisher: Arrow, UK, 2000 (first published by Hutchinson, UK, 1999)

ISBN: 0-09-925587-1 (300pp pb)

Price: A\$21.90; NZ\$27.95; £7.99

Available: **Aust/NZ/UK**—Random House

Millions of people can attest to their pets having powers of perception which go beyond the known senses. British biologist Dr Rupert Sheldrake, famous for his morphic resonance theory of causative formation, devoted five years to investigating this phenomenon which has been so neglected by the scientific orthodoxy partly because of a taboo against taking pets seriously.

For too long, Dr Sheldrake points out, the wealth of experience among people who deal with domestic and domesticated animals has been dismissed as anecdotal—so he set about documenting this evidence, sometimes using video cameras to facilitate data collection objectively.

Dogs That Know When Their Owners Are Coming Home is not just about dogs, but

cats, cows, horses, parrots and monkeys that demonstrate abilities we would classify as "paranormal" or "psychic". However hard to quantify, Dr Sheldrake's findings show that many animals that have a bond with their "owners" *do* know in advance when they are coming home, even if these returns are irregular or in different vehicles; and that some animals anticipate these returns at the moment when their humans expressed to themselves the *intent* to go home.

Sheldrake presents evidence for animal empathy, such as in comforting, healing and responding to distant deaths and accidents; telepathic calls and commands; directional sensing capability that defies explanation; and ability to pre-sense anything from fits in epileptic owners to earthquakes. He suggests that these phenomena might be explicable in terms of morphic fields, the bond between human and animal being like an elastic band when the two are separated. A fascinating theory which has as many implications for understanding ourselves as well.



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THE DIVINE DECEPTION: The Church, the Shroud and the Creation of a Holy Fraud by Keith Laidler

Publisher: Headline, UK, 2000
ISBN: 0-7472-7484-3 (312pp hc);
0-7472-7485-1 (tpb)

Price: A\$32.83 (tpb); NZ\$39.95; £18.99
Available: **Aust/UK**—Hodder Headline;
NZ—NEXUS office, tel (09) 405 1963

The Shroud of Turin is a mediaeval fraud concealing a religious truth, says Keith Laidler, PhD, in *The Divine Deception*, the follow-up to his 1998 book, *The Head of God*. And it was a fraud perpetrated by the Knights Templars who learned the *camera obscura* technique of recording images from the Arab alchemists—a technique that Dr Laidler believes can account for the image on the Shroud. But whose image?

Utilising anthropometric and computer-aided analysis, Dr Laidler has come to the stunning conclusion that the image is a composite: the torso and proportionately smaller head belonged to two different people. As if this hasn't been staring us in the face all along! The image of the head is that of a real, embalmed head—but if not the head of Jesus, allegedly excavated from the Temple of Solomon in Jerusalem by the Knights Templars at their inception, then whose is it?

The Nazirites, with whom Jesus is associated, were heirs to the sacred cult of the head or skull, one that can be traced to Cayonu in the Near East circa 7000 BC (and is evident in many parts of the ancient world). And the Templars are known to

have paid homage to the Father of Wisdom, Baphomet, represented as a head. Were they inheritors of the oracular head cult?

Dr Laidler believes they were, and that they went to obsessive lengths to protect their treasure, yet recording its image for posterity. In the mediaeval world where relic worship was big business, the Templars shielded a relic that would ultimately spell their demise at the Church's hand—for how could there be relics of someone who supposedly ascended bodily into Heaven?

Much historical back-up and additional compelling examples of anomalies on the Shroud itself add weight to Dr Laidler's controversial hypothesis.

THE END OF PRIVACY

by Reg Whitaker

Publisher: Scribe, Australia, 2000 (first pub. by The New Press, NY, USA, 1999)
ISBN: 0-908011-46-6 (200pp tpb)

Price: A\$27.50; NZ\$39.95; US\$14.95
Available: **Aust**—Scribe Publications, tel (03) 9349 5955, e-mail scribe@bigpond.net.au; **NZ**—Addenda, tel (09) 834 5511; **USA**—The New Press, tel (212) 629 8802

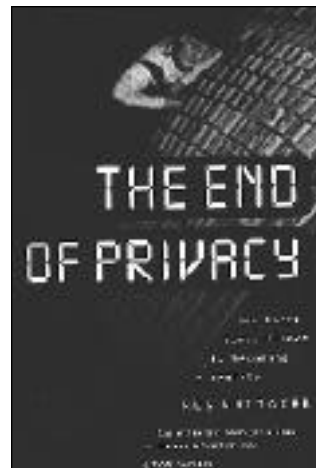
The surveillance state has become the surveillance society, argues Reg Whitaker, professor of political science at Toronto's York University, in *The End of Privacy*. Big Brother has merely outsourced his services to the nation-state with the availability of new surveillance technologies.

Whitaker rebukes the US National Security Agency for its use of the *Echelon* system in spying on European companies for US corporate advantage. Yet he underplays the less-well-publicised activities of the NSA in targeting individuals and groups deemed a "threat to national security" by the US and

"friendly governments". The main stage he sees as now dominated by transnational corporations intent on globalisation and invasion of cultural and personal space, yet tempered by global-scale activism only made possible by the very nature of the new technology. He cites the WTO Seattle electronic protests and the Zapatista techno-peasant revolt as examples of the powerful new trend in global Internet activism.

In the foreword (Australian edition only), Whitaker alerts us to the new Regulation of Investigatory Powers (RIP) Act in the UK, which will force ISPs to become informants and link in with MI5's new e-mail surveillance centre (Global News, 7/03-4, 7/06). There is a very real threat that Internet activism will soon be made illegal.

Whitaker sees that we'll have to redefine notions of protected space and find a balance between privacy and freedom of information rights versus corporate intrusion, but the picture is even bigger than he admits.





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WELLNESS IN MENOPAUSE:

A Guide to Holistic Healing by Marylyn Meek

Publisher: Newleaf, Ireland, 2000

ISBN: 0-7171-0064-2 (288pp tpb)

Price: £10.99 + p&h

Available: **Ireland**—Newleaf/Gill & Macmillan, Dublin, tel +353 1 500 9500, fax +353 1 500 9599, website www.gillmacmillan.ie

Rather than being a time of physical and emotional distress, menopause—that transition in a woman's life when she moves beyond her reproductive years—can be a time of coming into a greater understanding of personal power and wisdom.

UK author and spiritual/holistic healer Marylyn Meek, in *Wellness in Menopause*, encourages women to participate in their own healing and reconnect with their true self. She acknowledges that while each woman experiences menopause in her own way, every woman should aim to understand the process, treat it as a shared experience, try to accept it, take steps to ease the symptoms, pass through it—and emerge with a positive mental outlook, a healthy, active body, enhanced emotional awareness and greater knowledge of the whole self.

Meek's emphasis is on natural therapies to help the process. While she does discuss hormone replacement therapy (HRT), she cautions against using synthetic drugs: not only do they have adverse health effects, but ultimately they are disempowering.

The alternative treatments she describes include natural progesterone, aromatherapy,

Bach flower remedies, oriental medicine (including ayurvedic treatments, Chinese herbs, shiatsu, yoga and meditation), herbal medicine, homoeopathy and reflexology.

Meek also places strong emphasis on appropriate diet and exercise, and includes many case studies that speak reams for the benefits of a natural approach to menopause. She also has a lengthy section summarising common menopausal symptoms and a selection of appropriate holistic treatments.

This is an easy-to-follow, practical guidebook that will be appreciated by women who object to the indiscriminate use of synthetic hormones and are seeking natural alternatives to ease their transition.

THE CRYSTAL SUN: Rediscovering a Lost Technology of the Ancient World by Robert Temple

Publisher: Century, UK, 2000

ISBN: 0-7126-7888-3 (558pp hc)

Price: A\$49.40; NZ\$69.95; £20.00;

NLGfn/a

Available: **Aust/NZ/UK**—Random House; **Eur**—NEXUS Office, tel +31 321 380558

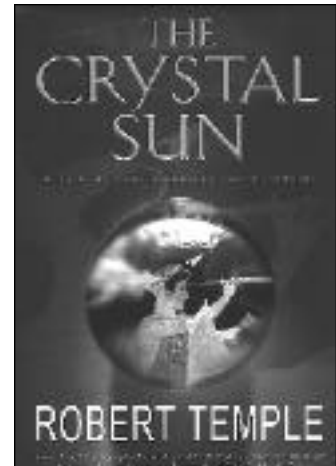
Hundreds of examples of crystal and glass lenses have been dug up from archaeological sites and are on show at museums, yet scientists and academics tend to ignore them. That would mean admitting that knowledge of optics and lens-grinding technology existed in antiquity—which is at odds with textbook explanations of their discovery in Europe in mediaeval times.

Robert Temple, author of *The Sirius Mystery*, has spent 33 years on and off researching this underplayed part of history for his new book, *The Crystal Sun*. He has found examples of these lenses unearthed from Babylonian, Assyrian, Egyptian,

Greek, Minoan, Roman, Celtic, Chinese and Scandinavian civilisations. One famous example, the Layard lens held in the British Museum, was found in an 8th century BC Assyrian tomb and was purpose-shaped for an important person who was short-sighted.

Not only are there these exquisite examples, there are also artworks, texts and legends that describe the uses of lenses as eye-glasses, telescopes, microscopes, surveying tools, water-filled glass globe magnifiers, and light-focusing mirrors to make fire and fight wars. Archimedes' idea that saw the Roman fleet burn at Syracuse in the 3rd century BC was even recreated in 1973.

So why does science seem so blind to the idea of sophisticated technology existing in antiquity? Robert Temple is still answering that, but he suggests that past scholars made things worse when they mistranslated classical texts which they did not understand or whose contents did not fit with their world view. His book really is an eye-opener.



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THE GYMPIE PYRAMID STORY

by Brett J. Green

Publisher: De Grene, Australia, 2000

ISBN: 0-9586878-2-X (148pp l/f pb)

Price: A\$35.00 inc. p&h

Available: **Australia**—De Grene Enterprises, 52 Red Hill Road, Gympie, Qld 4570, fax +61 (0)7 5482 3909, e-mail degrene@safeweb.com.au, website www.safeweb.com.au/~degrene

The Gympie and Cooloola regions of southeast Queensland are scattered (as are other parts of Australia) with anomalous stone ruins and artefacts which point to visitation if not settlement by various non-Aboriginal peoples over the last few thousand years. The most controversial artefact of all is the so-called Gympie Pyramid.

Amateur historian Brett Green has devoted much of the past 15 years to sorting the facts from the myths, conducting his own field research and talking with locals about their reminiscences and finds. Pulling all this together for his book, *The Gympie Pyramid Story*, he also summarises the findings of recent researchers such as Rex Gilroy and reprints material from the diaries of 18th-century European pioneers. One in particular, John Green, got to know local Aborigines and learn their languages and legends—many of which refer to "gods" who arrived from across the sea and erected structures of religious significance.

From an early photograph and reconstructed drawings, it seems that the pyramid was a hill with stone terrace-work, accessed through an inscribed stone archway, with a ceremonial megalithic stone installation at

the top. The inscriptions have some hieroglyphic elements, but they have commonalities with those found in the South Pacific, South America and elsewhere.

Green speculates on a host of extant artefacts in the light of voyages by Egyptians, Celts, Phoenicians, Arabs, Chinese, Incas, Pacific Islanders, ancient Dravidians/Tamils and more. He also shows that these visitors have left their linguistic stamps on local Aboriginal languages in surprising ways. The array of evidence for Australia's rich, alternative history up-ends the textbooks.

PROOF OF VEDIC CULTURE'S GLOBAL EXISTENCE

by Stephen Knapp

Publisher: TWRN, USA, 2000

ISBN: 0-9617410-6-6 (342pp tpb)

Price: US\$14.95 + p&h

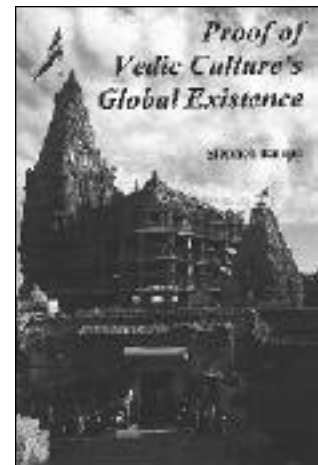
Available: **USA**—The World Relief Network, PO Box 15082, Detroit, MI 48215-0082, tel +1 (313) 331 3190

The missing link in our understanding of civilisation is the Vedic Aryan culture which thrived on the Indian subcontinent in antiquity and which influenced subsequent civilisations in Sumeria, China, Egypt and the Middle East, Europe and Britain, South-East Asia and as far away as the Americas.

Stephen Knapp, in *Proof of Vedic Culture's Global Existence*, delves into the history and traditional sources of the Vedas—that ancient body of sacred literature which many regard as the fount of the world's spiritual and cultural heritage. To set the record straight, he explains the true Sanskrit meaning of the word *Aryan* as "a way of life that aims at the elevation of everyone in society to a higher level of

consciousness". Some traditions have it that Vedic knowledge was given to humanity by the Supreme over a million years ago; others, in the scores of thousands of years ago. The *Rig-veda* refers to the Sarasvati River in the time of the Indus Valley civilisation—a river which scientists now believe stopped flowing around 8000 BC—so this has to be an ancient body of knowledge.

The Vedas also contain evidence of high-tech know-how, such as ion engines that powered flying craft. Could such inventions account for the vast global influence the Vedic Aryans supposedly had? Knapp says that at the base of many a temple, be it Sumerian, Persian, Hindu, Islamic or Christian, can be found Vedic foundations. Vedic Sanskrit influence is also obvious in world languages from the Indo-European to the Incan. We thus have some responsibility, Knapp urges, to protect what is left of Vedic culture, not just on the subcontinent but wherever on Earth it has touched.





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THE SHAMBALLA IMPACTS: Their Esoteric Astrology in World History by Phillip Lindsay

Publisher: Apollo, Australia, 2000
ISBN: 1-876849-00-2 (207pp tpb)
Price: A\$33.00 + p&h; NZ\$40.00 + \$3 p&h; US\$15.00 + s&h (details on website)
Available: **Australia**—Apollo Publishing, PO Box 171, Newport Beach, NSW 2106, tel/fax +61 (0)2 9997 1242, e-mail apollo@easy.com.au, website www.easy.com.au/spicycle/ApolloPub.html; **NZ**—Triangle Centre, tel (04) 292 7181

Humanity is said to be poised to take a quantum evolutionary leap in these times, by aligning with the higher spiritual forces focused on this planet. According to information transmitted by Tibetan Master Djwhal Khul (DK) to Alice Bailey back in the 1920s–1950s, the year 2000 is particularly important. As author Phillip Lindsay explains in this well-produced handbook of distilled wisdom, the specific planetary alignments of May 2000 heralded the "fifth Shamballa impact direct to Humanity".

The Buddhist Kalachakra teaching or Ageless Wisdom regards the solar system as a living entity, the Solar Logos as having a destiny to fulfill, the planets as energy centres or chakras, and Shamballa as the "planetary head centre"—"the Centre where the Will of God is known". In *The Shamballa Impacts* (one of a series of DK/Bailey-inspired titles) Lindsay gives a brief history of Shamballa (located "near the Gobi Desert"), and explains the significance of the annual Moon-in-Taurus Wesak Festival,

when Shamballa energies are transmitted to the gathered Masters of Wisdom and indirectly to Humanity. He describes the three Shamballa impacts of historical times—1825, 1975 and 2000—where energy is said to have been released directly to Humanity, and illustrates their cosmic significance with zodiac charts drawn and interpreted according to esoteric or soul-centred astrology and the principles of the Seven Rays.

The subtle effects of the fifth Shamballa impact of May 2000 will be felt for years to come, says Phillip, with the reminder that it's up to Humanity to decide whether to plunge into darkness or synthesise the teachings so as to move up the spiral of consciousness into the next initiation cycle.

REMOTE VIEWING SECRETS by Joseph McMoneagle

Publisher: Hampton Roads, USA, 2000
ISBN: 1-57174-159-3 (296pp tpb)
Price: A\$36.30; NZ\$46.95; £11.95; NLGfn/a; US\$14.95

Available: **Aust**—Gemcraft, tel (03) 9888 0111; **NZ/UK/Europe**—NEXUS offices; **USA**—Hampton Roads Publishing, tel (804) 296 2772, website www.hrpub.com

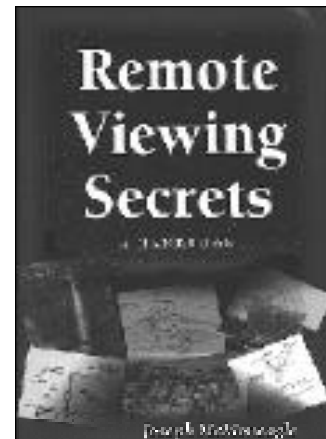
In his third book, *Remote Viewing Secrets*, Joe McMoneagle compares the discipline and science of accurate remote viewing with the physical and spiritual aspects of the martial arts. He's even trademarked his own "way" of remote viewing as "RV'do".

McMoneagle, author of *Mind Trek* and *The Ultimate Time Machine* (see 6/02), participated in the US Army's top-secret RV program, Project *Stargate*, and has worked for the past 15 years as a research associate and subject at SRI International's Cognitive Sciences Lab (CSL), which first put RV on

the map. Anyone who has been part of CSL or *Stargate* has their own version of events, so he points readers to websites that cover RV history, personalities and politics in more detail. He has since set up his own group, Intuitive Intelligence Applications.

Through this handbook, McMoneagle aims to provide the correct information for those interested in fine-tuning their RV abilities in practice. He defines remote viewing, describes who makes a successful viewer, and explains the differences between various protocols, methodologies and styles used to collect and process information. He discusses training/learning regimens, target selection, record keeping, RV applications as well as ethics and privacy issues.

McMoneagle also examines some of the strange characteristics of RV, e.g., geomagnetic disruptions or time factors which may disturb or enhance cognitive accuracy. That he also advises when to quit, if RV is really not working for you, speaks for his serious approach to this discipline.



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OUR EVOLUTION

by **Waldo Vieira, MD**

Publisher: IIPC, Brazil, 1999

ISBN: 85-86019-42-9 (183pp tpb)

Price: £8.00 + £3 p&h; US\$11.95;

C\$20.00; US\$22.00 inc. p&h to Aust/NZ

Available: **UK**—International Institute of

Projectology and Conscientology, tel +44

020 7723 0544, e-mail London@iipc.org;

USA—IIPC-NY, tel (212) 869 4595, e-mail

newyork@iipc.org, website www.iipc.org

This next book by Brazilian consciousness researcher Dr Waldo Vieira to be translated into English is not so much an out-of-body training manual but a guide to the evolution of consciousness. Dr Vieira has spent much of the last 40 years exploring the complexities and nuances of consciousness and multidimensional reality via out-of-body projection (see review in 7/03).

We all inhabit these extraphysical realms of relative truth, though we may not be consciously aware that we do, but with discipline and will we can learn to access myriad layers of knowledge to assist in our evolution as beings with ego, intelligence, soul and spirit. Dr Vieira asks us to reflect on this primary affirmation and challenge: if you think self-knowledge demands a great deal of effort, try to evolve with ignorance.

His book, *Our Evolution*, is full of wise answers—based on personal experience—to the fundamental questions that plague humanity: Who am I? What am I? Where am I from? Why am I here? Where am I going? He confirms that soul evolution is a reality, that soul groups incarnate together to fulfill specific purposes, that we prepare in

advance for the life we are reborn into, and that the personality is not lost at death but also evolves. Dr Vieira regards it as fact that our consciousness is shaped by an accumulation of life-after-life experiences.

The terminology Dr Vieira uses requires some getting used to—every experienced out-of-body traveller seems to have different expressions for the same territories—but the extensive glossary is helpful if you get lost. This is profound yet practical material to help optimise performance on all levels in this life—and way beyond.

THE JESUS MYSTERIES: Was the Original Jesus a Pagan God?

by **Timothy Freke and Peter Gandy**

Publisher: Thorsons, UK, 1999

ISBN: 0-7225-3677-1 (424pp pb)

Price: A\$16.95; NZ\$24.95; £6.99

Available: **Aust/NZ/UK**—Harper Collins, website www.thorsons.com

The historical Jesus never existed, and what passes for "gospel truth" in the New Testament was a Gnostic rewriting of ancient Pagan god-man death and resurrection myths, conclude authors Timothy Freke and Peter Gandy in *The Jesus Mysteries*.

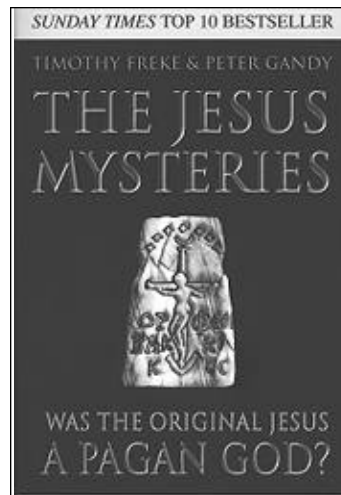
These myths, or the secret teachings of the ancient mystery schools, were placed in a Jewish historical context at the beginning of the Piscean Age but were hijacked by what became the "Literalist" school, which morphed into the Church of Rome and ultimately into a politically expedient as a state religion for Constantine and his empire.

The same "Jesus mystery" had its precedents in the Egyptian Osiris, the Greek Dionysus, the Persian Mithras, the Syrian Adonis, the Roman Bacchus and other god-man figures, though how far back it goes

into antiquity the authors do not say.

In the Hellenised Mediterranean world of the first few centuries BCE, the Alexandrian Jews, in particular the Therapeutae, were keen to incorporate the essentials of these mysteries into their scriptures, and a Gnostic tradition sprang up before any historical Jesus was supposed to have lived, Freke and Gandy contend. A Jewish Messiah was deemed to be the ideal persona to portray an Osiris-Dionysus figure, and so he was written into history, fulfilling the prophecies, by the 2nd century CE in Alexandria. The story was meant to be a spiritual allegory; but by placing it in a time frame it was inevitable that future generations would interpret it as exoteric truth. The rest is (tragic) history!

Freke and Gandy don't deny that their conclusions are utterly challenging to Christian (and Jewish) belief systems, but feel that their message will strengthen the resolve of those who seek true spiritual gnosis.





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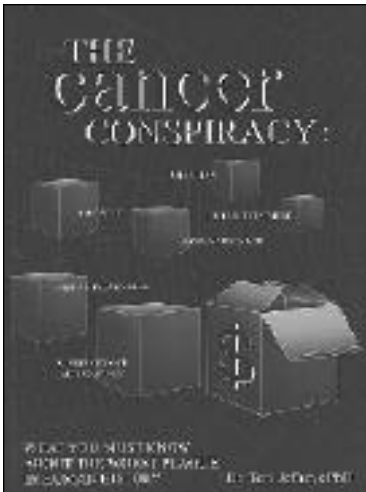
BOOKS

THE CANCER CONSPIRACY: What You Must Know About The Worst Plague in Human History by Toni Jeffreys, PhD

Publisher: Crows Nest Books, NZ, 2000
ISBN: 0-959-7892-1-9 (333pp tpb)
Price: NZ\$35; A\$35 economy air to Aust;
US\$25 to USA/Canada; £18 to UK/Europe
Available: **New Zealand**—Crows Nest
Books, PO Box 607, Warkworth, NZ
1241, fax +64 (0)9 425 6692, e-mail
crowsnestbooks@clear.net.nz

What started out as a brief defence of the parents of Liam Holloway in New Zealand, to put a stop to the chemotherapy treatment of their son's cancer, grew into a megawork for Toni Jeffreys, PhD.

Subtitled "What you must know about the worst plague in human history", *The Cancer Conspiracy* looks at what cancer is, why so many thousands of people get it, and how it can be prevented as well as cured—if only a few problems with modern medicine and the



legislative system can be overcome.

Jeffreys, author of *Your Health At Risk* (see 6/05), is an advocate of freedom of choice in health care. Thus, the very idea that governments would want to legislate against individual freedom of choice is anathema to her. Medicine still can't explain what cancer is, yet the system promotes invasive treatments, like chemotherapy, which have high failure rates compared with successful alternative therapies which it seems hellbent on stamping out.

The New Zealand experience is a microcosm for what's happening all over the world: fraudulent research and dubious trial procedures; the unwillingness of doctors and health administrators to acknowledge the role of environmental and dietary factors in

the soaring cancer rates (e.g., pesticide residues ingested in sprayed foods); and the machinations of power-players from big business and politics.

The "cancer conspiracy" has a long and infamous history, but that doesn't mean we can't do something about it. Education is the key to ensuring sufficient numbers of people demand and secure their right to use the preventive regimens and treatments of their choice. After all, Dr Jeffreys implores, why should a vast deception cost you your life?

THE MASTER KEY by Charles F. Haanel

Publisher: Master Key Publishing, Qld, Australia, 2000 (first published 1916)
ISBN: n/a (352pp tpb)

Price: A\$33.00 + A\$7 p&h in Aust; + A\$8.50 econ. air to NZ; + A\$11 to S/E Asia; + A\$14 to UK/Eur/Sth Africa; + A\$12.50 to USA/Canada

Available: **Australia**—Master Key Publishing, PO Box 1581, Southport BC, Qld 4215, tel/fax +61 (0)7 5532 4516, e-mail thekey@themasterkey.com.au, website www.themasterkey.com.au

Craig Brown had been on a spiritual journey for 20 years when he stumbled upon a long-forgotten book that would change his life. Titled *The Master Key*, it was full of arcane yet practical wisdom and written by one Charles F. Haanel in 1912 (published in 1916 and again in 1933).

Brown has been unable to unearth much about Haanel, other than he was born in Ann Arbor, Michigan, in 1866 and died in 1949, was a businessman, an author and a member of the American Scientific League and American Society of Psychical Research, among other groups. Brown also learned that the book had been banned, so it was a rare find. Inspired by Haanel's wise words, Brown decided to sink all his funds into republishing this long-lost work.

In 24 parts, *The Master Key* sets out the fundamental principles of life and creative living, as Haanel came to understand and apply them. Basic to his teaching is the correct development and use of mental power—the key to truly creative power and action, harmony and health, love and happiness, and abundant possibilities. Each part is meant to be studied like a correspondence course lesson, but this is also a book that can be opened at random for whatever gem of advice your eyes happen to fall upon.

This is age-old wisdom, written by someone who could perceive and tap into Universal Mind but who seems to have no particular allegiance to any specific system of knowledge. Haanel's numbered, commonsense messages still have a freshness 88 years after they were first assembled.

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BOOKS

pH: YOUTHING, NOT AGEING

by **Harald W. Tietze**

Publisher: Harald W. Tietze Publishing, NSW, Australia, 2000

ISBN: 1-876173-24-6 (125pp pb)

Price: A\$12.95 inc. p&h; A\$15.00 overseas p&h; NZ\$15.00; US\$12.95

Available: **Australia**—Harald W. Tietze Publishing, PO Box 34, Bermagui, NSW 2546, tel (02) 6493 4552, fax (02) 6493 4900, e-mail tietzepub@sci.net.au, website www.sci.net.au/tietzepub; **New Zealand**—Naranja Developments, tel (09) 478 2118; **South Africa**—New Horizon Distributors, tel +27 21 683 0360; **USA**—Beekman Publishers, tel (914) 679 2300

The main obstacle to living a healthier, longer life is organic waste build-up in the body's tissues and joints, says health oracle Harald Tietze in his latest book, *pH: Youthing, Not Ageing*. The most effective way to deal with it, to detoxify the system, is to ingest ionised alkaline water—preferably 1.5 litres per day for maximum beneficial effect, but not within half an hour either side of eating, he says, so as not to dilute the correct pH factor of the stomach acids.

Tietze stresses that water is not a food but a carrier, and ionised alkaline water is the ideal medium for helping the body dispose of acidic waste products—and regardless of how healthy one's diet is, there are still organic wastes to be purged from the system. Such substances only hasten the ageing process; to be rid of them is to be on the path of youthful health and vitality. But this is a path that requires long-term dedication; it's not about short-term fixes.

Tietze explains in simple terms the science of the pH factor and how it relates to balance in health, the differing pH levels within the bodily fluids, and the acid or alkali-forming qualities of various foods.

Processed foods are very acid-forming, yet even some alkaline foods can be, particularly if they're non-organic. Environmental factors such as electropollution and Earth rays can also have acid-intensifying effects.

Interestingly, there is a place for ionised acidic water, but it is usually for external use or for treating particular disease conditions. Tietze describes a range of uses for both acid and alkaline ionised water as well as how to make your own supplies using a basic electrolytic process. Through this book, he identifies a key health factor which hitherto has been underappreciated.

VIDEO

Reviewed by **Duncan Roads**

WHAT HAPPENED ON THE MOON?

An Investigation into Apollo

Presented/narrated by Ronnie Stronge
Produced 2000 (PAL/VHS, 222mins) for Aulis Publishers, 20 Paul Street, Frome, BA11 1DX, UK, tel/fax +44 020 7794 4759, website www.aulis.com

Price: £18.50 including p&h in UK;

£22.00 airmail to Australia

Available: **UK**—NEXUS Magazine, 55 Queens Road, East Grinstead, W. Sussex, RH19 1BG, tel 01342 322854

USA—Adventures Unlimited Press, PO Box 74, Kempton IL 60946, tel (815) 253 6390, fax (815) 253 6300, website www.wexclub.com/aup

While most NEXUS readers have heard of the discrepancies involving our visits to the Moon, many would not be in a position to be able to decide for themselves as to the authenticity of the allegations.

Look no further! For the first time (to my knowledge) armchair researchers can be treated to an absorbing documentary which goes into painstaking detail over discrepancies in the photographic and film records.

Featuring whistleblowers and industry experts, this documentary uses excellent visuals to explain in layperson's terms the serious flaws in many NASA photos of astronauts on the Moon as well as in transit.

Topics in Part 1 include analysis of the type of film used; the cameras; the cross-hairs on the photos; non-parallel shadows; Moon rocks with letters written on them; light-source discrepancies; continuity flaws between what was photographed and what was filmed; anomalous light sources; and strange scaling of background "mountains".

Part 2 explores the environmental discrepancies between what is known and what is possible. Solar radiation, Van Allen belts, X-rays and micrometeorites reveal more questions than answers. Part 3 is an investigation into rockets and propulsion systems. It explores the history of rocket scientists, starting in pre-WWII Nazi Germany.

It is very difficult to explain away or dismiss the evidence compiled in this documentary. The producers, to their credit, have included answers from the "experts", but the trouble now is that the experts sound desperate to maintain some semblance of dignity and credibility in the face of overwhelmingly contradictory information.



REVIEWS

MUSIC

Reviewed by Richard Giles

SONGMAN

by Nomad

Producer: Nomad for AMI, USA, 1999 (43mins)

Distributors: **Australia**—MRA, tel (07) 3849 6020; **USA**—AMI, tel (212) 253 1567, website www.ausmusic.cc

Several years ago, Nomad had a smash alternative album hit, titled *Nomad*, which just sold and sold. Their new release, *Songman*, has the same entrancing tribal sound and the same faraway call to the listener to an ancient cultural celebration of song and dance. The origins of the album are in recordings made in Arnhem Land in the mid-1990s with David Gulpilil's community in Ramingining. An exciting, haunting and satisfying album.

UNDER SOUTHERN SKIES

by Tony O'Connor

Producer: Jacqui O'Connor for Studio Horizon, Qld, Aust, 2000 (55mins)

Distributors: **Aust**—Studio Horizon Distribution, tel (07) 5478 5215, www.studiohorizon.com; **UK**—New Life 2000, tel 01442 251430; **USA**—Studio Horizon North, tel (902) 302 5370

Tony O'Connor is a phenomenon both in Australia and internationally, and he has produced a number of gold and platinum albums in the last decade. The ambient sound we've come to know and love as the recognisable signature of Tony's work has changed. It's good to hear some different production techniques on *Under Southern Skies*, and the fresh, orchestral style which Tony has adopted here is both warming and encouraging. Recommended.

DANCE INTO ETERNITY

Selected Pieces 1987-1998

by Omar Faruk Tekbilek

Producer: John Schaefer for Celestial Harmonies, AZ, USA, 2000 (77mins)

Distributors: **Aust**—Arts Distribution, tel (02) 9905 9435; **USA**—Celestial Harmonies, tel (520) 326 4400, website www.harmonies.com

If you've heard Omar Faruk Tekbilek's music before, you need no introduction to this amazing man's work. His emotional, mystical link with his Turkish origins allows him to produce the most extraordinary music. In 1988, his first international album, *Süleyman the Magnificent* (with Brian Keane) launched him as a world-respected figure. *Dance Into Eternity* com-

prises collected works from eight albums released by Celestial Harmonies. Some wonderful tracks like "Crescent Moon" grace this exciting, must-have compilation.

FENG SHUI: The Eightfold Path

by Chinmaya Dunster

Producer: Chinmaya Dunster for New Earth Records, USA, 2000 (46mins)

Distributors: **Aust**—New World Music, tel (02) 9565 4522, 1800 628 823; **UK**—New World Music, tel 0198 678

1682; **USA**—New Earth Records, tel (505) 466 2471, www.newearthrec.com

UK-born Chinmaya Dunster studied classical guitar and then moved on to the Indian classical instrument, the sarod. On *Feng Shui*, he attempts to capture the vibration of the eight sectors in a house using the Feng Shui compass method. Chinmaya relates each compass direction to one branch of the Eightfold Path of Behaviour as enunciated by the Buddha. The music is very calming, with its mix of an Eastern and an almost traditional English sound. A pleasant ambience makes this a charming CD.

NIYA YESH

by Axiom of Choice

Producer: Axiom of Choice for Narada Productions, USA, 2000 (58mins)

Distributors: **Aust**—EMI/Virgin, tel (07) 3252 7744; **USA**—Narada Music, tel (414) 961 8350, www.narada.com

Axiom of Choice is a collective of musicians bringing together Persian, Indian and Western sounds with some beautiful vocalisations from classical Persian-trained Mamak Khadem. With the slow and careful compositions of Loga Ramin Torkian, mixing classical Iranian music with Indian and Western influences, this is a special album of deeply moving, open-hearted world music. Mamak Khaden's vocals are woven hymns to poignant love and pain. These are excellent, precious sounds.

